

## Sharing of Interests & Hobbies रुचियों और शौक को साझा करना

Hobby	Names
Reading	MK Malik, KP Vaidyanathan, Arun Mehta, Atul Awasthi, PR Chahal, Kamal Harjani, Shashi Bhanu Hans, Mithilesh Kumar, RC Dhawan, Santosh Mahajan, Srijnan Sanyal, Daya Joshi, <a href="#">HS Tomar(Spiritual Books)</a> , <a href="#">Dinesh Menon</a> , <a href="#">SK Tyagi</a> , <a href="#">Arun Mahajan</a>
Playing Cards	Gurpal Bhatia, Sanjay Mehra, <a href="#">Atul Awasthy</a> , <a href="#">Arun Mahajan</a>
Exploring Technology	MK Malik, Mukesh Bansal
Spirituality	MK Malik, Satya Deo, HS Tomar, Pratima Sharma, Rajni Jhanka, Anjana Verma
Writing, Blogging,	MK Malik
Social Service/Work	MK Malik, Ritu Bansal, Hans Raj, Sunil Singhal
Cooking	Shashi Malik, Anjana Verma, <a href="#">Neelkamal Walia</a>
Socialising	Anjana Verma, Ritu Bansal, Hans Raj, Arun Mehta, Mahalingam
Walking	SP Verma, Gurpal Bhatia, Satya Deo, SK Gupta, PR Chahal, Mukesh Kumar, <a href="#">Dinesh Menon</a> , <a href="#">SK Tyagi</a> , <a href="#">Vijay Kumar Walia</a> , <a href="#">Atul Awasthy</a>
Travelling	Mukesh Bansal, SP Verma, Atul Awasthi, Sanjay Mehra, Mahalingam, Rajesh Yadav, Inder Mohini, Santosh Mahajan, Srijnan Sanyal, Sunil Singhal, <a href="#">Arun Mehta</a> , <a href="#">Dinesh Menon</a> , <a href="#">Vijay Kumar Walia</a>
Health & Fitness/Gym	Ritu Bansal, Gurpal Bhatia, Ashok Madan
Trekking	Gurpal Bhatia

Hobby	Names
Music	Gurpal Bhatia, Sanjay Mehra, Kamal Harjani, Ashok Madan, Harinder Gulati, Rekha Dubey, Srijnan Sanyal, <a href="#">Dinesh Menon</a> (Old Hindi songs), <a href="#">Dileep Arora</a> (Karaoke Singing, Music, Ghazals), <a href="#">Arun Mahajan</a> , <a href="#">Vijay Kumar Walia</a> , <a href="#">Neelkamal Walia</a> (Melodious Songs)
Photography	KP Vaidyanathan, Daya Joshi, VP Kason
Cycling & Motorcycling	KP Vaidyanathan, VP Kason
Acupressure	Hans Raj, Rajni Jhankra
Carom	Arun Mehta
Poetry	Mahavir Singh Badlia
Gardening	Mahavir Singh Badlia, Dinesh Menon, Srijnan Sanyal, VP Kason
Singing/Karaoke	Vijay Kumar Soni, Dileep Arora
Swimming	Mithilesh Kumar, MK Malik
Golf	Mithilesh Kumar, MK Malik
Watching TV/ Movies/ <a href="#">Web Series</a>	BR Mehta, RC Dhawan, RK Mutreja, Ashok Madan, <a href="#">Vijay Kumar Walia</a> , <a href="#">Neelkamal Walia</a>
Sports	RK Mutreja, <a href="#">Arun Mahajan</a>
Painting	Inder Mohini, Daya Joshi
Stitching	Inder Mohini
Business/Finance	Dileep Arora
Baking	Dinesh Menon
Teaching	Rekha Dubey
<a href="#">Yoga</a>	Hans Raj, Rajni Jhankra, <a href="#">SK Tyagi</a> , <a href="#">Atul Awasthy</a>
<a href="#">Cultural Activities</a>	<a href="#">Arun Mahajan</a>

Hobby	Names
History (Archeology)	R K Arora

***Members who have not submitted their Hobbies & Interests can even do now by clicking on the link below:***

***In addition, We have a large number of talented Ladies in our group who have been very active in social, cultural & spiritual events. May we request them to just add their talents by clicking on the link:***

जिन सदस्यों ने अपने शौक और रुचियां प्रस्तुत नहीं की हैं, वे अब नीचे दिए गए लिंक पर क्लिक करके भी आवेदन कर सकते हैं:

इसके अलावा, हमारे समूह में बड़ी संख्या में प्रतिभाशाली महिलाएं हैं जो सामाजिक, सांस्कृतिक और आध्यात्मिक कार्यक्रमों में बहुत सक्रिय रही हैं। क्या हम उनसे अनुरोध कर सकते हैं कि वे लिंक पर क्लिक करके अपनी प्रतिभा जोड़ें:

<https://refineyourliving.com/add-hobbies/>

**To see Hobbies already submitted:**

<https://refineyourliving.com/interests-hobbies/>

***We already have two clubs running: the Books club & the Cards/Carom club. There seems an opportunity in the following areas too. Members active in these areas may take the lead in initiating it. The Organisers will provide all possible support.***

हमारे पास पहले से ही दो क्लब चल रहे हैं: बुक्स क्लब और कार्ड्स/कैरम क्लब। निम्नलिखित क्षेत्रों में भी अवसर दिखता है। इन क्षेत्रों में सक्रिय सदस्य इसे शुरू करने में अग्रणी भूमिका निभा सकते हैं। आयोजक हर संभव सहायता प्रदान करेंगे

**Team Organisers**

<b>Painting चित्रकारी</b>	<b>9</b>	<b>Baking पकाना</b>
<b>Photography फोटोग्राफी</b>	<b>10</b>	<b>Finance/Investment वित्त/निवेश</b>
<b>Cycling साइकिल चलाना</b>	<b>11</b>	<b>Gardening बागवानी</b>
<b>Nutritious Cooking पौष्टिक पाक कला</b>	<b>12</b>	<b>Social Work सामाजिक कार्य</b>
<b>Gym &amp; Fitness जिम और फिटनेस</b>	<b>13</b>	<b>Long Walks/Trekking लंबी सैर/ट्रेकिंग</b>
<b>Group Meditation समूह ध्यान</b>	<b>14</b>	<b>Music/ Karioke संगीत/कराओके</b>
<b>Poetry कविता</b>	<b>15</b>	<b>Senior Yoga वरिष्ठ योग</b>
<b>Travelling यात्रा</b>	<b>16</b>	<b>Talent Show</b>